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Affordable Care Act Preventative Services Updates for 2019

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Section 2713 of the Affordable Care Act (ACA) requires group health plans and health insurers to provide coverage for a variety of preventative care services without any cost sharing requirements (deductibles, coinsurance, and copayments). This list of preventative care receives yearly additions and modifications, which must be integrated into health plans within the following two years. These recommendations are made by organizations such as the U.S. Preventative Services Task Force, Bright Futures, and the Advisory Committee on Immunization Practices. Here are some of the recommendations that must be integrated into health plans for the 2019 calendar year:

- Preeclampsia screening through blood pressure tests
- Obesity screenings for children and adolescents 6 years and older
- Vision screening in children ages 3 to 5 to detect amblyopia or its risk factors
- Influenza vaccine for adolescents
- Hepatitis B vaccine for adolescents
- Human papillomavirus (HPV) vaccine for adolescents

This year's updates appear to focus on improving women's health during pregnancy and adolescent health in general. While the list above is not exhaustive, here are a few resources if you would like to find out more:

- A list of all recommendations from the U.S. Preventative Services Task Force may be found [here](#).
- The approved Periodicity Schedule from Bright Futures may be found [here](#)
- ACIP Vaccine Recommendations and Guidelines may be found [here](#)
- Current preventative services for adults, women, and adolescents may be found [here](#)

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